

Make your health a priority



Get your flu shot and other routine vaccines

Flu shots

The flu affects millions of people each year and can lead to serious illness, or even death. The flu can be a contagious illness caused by influenza viruses that infect the lungs, throat and nose. According to the Centers for Disease Control and Prevention (CDC), one of the best ways to prevent the flu is by getting vaccinated each year.¹ The CDC recommends a yearly flu vaccine for everyone 6 months of age and older, as the first and most important step in protecting against this serious disease.²

Routine vaccines

You can also keep yourself and your family members healthy with routine vaccines that prevent illnesses like tetanus, pneumonia and shingles. Routine vaccines are available on most plans, and can help you and your family maintain better overall health.

Easy access to flu shots and other vaccines

OptumRx works with many national pharmacy chains to provide members easy access to flu shots and other routine vaccines. Plus, members get the highest level of benefit coverage (100% for many plans) when they get vaccines at pharmacies in the Vaccine Immunization/Injection Network.³



Many vaccines are available on a walk-in basis. Show your member ID card before getting your flu shot or vaccine. Most plans cover routine vaccines at 100% when you use network pharmacies.

See the pharmacy list on page 2.

For more information sign in to **optumrx.com** or call the number on your member ID card.

Retail pharmacies

This list shows the larger retail chain pharmacies in our network, but is not the full list. For a more complete list, you can log in to [optumrx.com](https://www.optumrx.com) or call the number on your health plan or prescription ID card. Pharmacists give the vaccines at these locations.

- **Ahold USA** (Giant Food Stores, Giant of Maryland, Stop & Shop, Ukrop's Super Markets)
- **Albertsons**
- **CVS Pharmacy**
- **Four B Corporation** (Hen House, Price Chopper)
- **H-E-B Pharmacy**
- **Hy-Vee Pharmacy**
- **Kmart Pharmacy**
- **The Kroger Co.** (Dillons, King Soopers, Fry's, Fred Meyer, Ralphs, QFC, Harris Teeter, Roundy's, Pick 'n Save, Cops Food Center, Metro Market, Baker's Pharmacy, City Market, Mariano's, Pay Less, Owen's Market, Jay C Food Stores, Gerbes Pharmacy)
- **K-VA-T Food Stores, Inc.** (Food City)
- **Meijer Pharmacies**
- **Publix**
- **Safeway-affiliated pharmacies** (Carrs, Pavillions, Randalls, Safeway, Tom Thumb, Vons)
- **Supervalu-affiliated pharmacies** (Biggs, Osco Drug, Sav-on Drugs, Shaw's Supermarket)
- **Thrifty White Pharmacy**
- **Tops Markets**
- **Walgreens Pharmacy** (Duane Reade, Rite Aid, Walgreens)
- **Walmart Pharmacy**
- **Wegmans**

Routine vaccines

Here is a list of flu shots and CDC-recommended routine adult vaccines.

Age restrictions or limitations may apply. Check with your network pharmacy for requirements.

Flu shots
Flu (Influenza)⁴ Afluria [®] Quad, Flud [®] Quad, Fluarix [®] Quad, Flublok [®] Quad, Flucelvax [®] Quad, FluLaval [®] Quad, FluMist [®] Quad, Fluzone [®] High-Dose Quadrivalent, Fluzone Quad
Routine adult vaccines
Hepatitis A⁴ (Adult and pediatric) Havrix [®] , Vaqta [®]
Hepatitis B⁴ (Adult and pediatric) Engerix-B [®] , Heplisav-B [®] (adult only), Recombivax HB [®]
Human papillomavirus (HPV)⁴ — Vaccine prevents HPV-related cancers (ages 9-26 years) Gardasil-9 [®]
Measles, mumps, rubella⁴ MMR [®] -II
Meningococcal⁴ — Vaccine prevents meningitis groups A, C, Y and W-135 Menactra [®] , Menquadfi [®] , Menveo [®]
Meningococcal⁴ — Vaccine prevents meningitis group B Bexsero [®] , Trumenba [®]
Pneumococcal⁴ — Vaccine prevents pneumonia Prenar13 [®] , Pneumovax [®] 23
Tdap⁴ — Vaccine prevents tetanus, diphtheria, pertussis Adacel [®] , Boostrix [®]
Td⁴ — Vaccine prevents tetanus and diphtheria TdVAX [™] , Tenivac [®]
Varicella⁴ — Vaccine prevents chickenpox Varivax [®]
Zoster⁴ — Vaccine prevents shingles Shingrix [®]

⁴Vaccine type

1. Centers for Disease Control and Prevention. Influenza. [cdc.gov/flu/](https://www.cdc.gov/flu/). Last reviewed July 24, 2020. Accessed July 27, 2020.
2. Ibid.
3. There may be some instances in which a particular location of one of the vaccine providers is not participating in the national OptumRx Vaccine Immunization/Injection Network.
4. 2021 Recommended vaccinations for children and adults, [cdc.gov/vaccines](https://www.cdc.gov/vaccines/). Accessed July 16, 2021.

Ask your employer or check your plan documents for your plan's specific coverage details.

Not all vaccines on this list are available at all network pharmacies. Contact your local network pharmacy to confirm vaccine availability.



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